

常見過敏徵狀， 你中咗幾多個？

Common Allergy Symptoms
How many apply to you?

PRO MAX
ALLERGY TEST
IgE
過敏測試

致敏原項目 List of Allergens



奶類
Dairy

項目 Item	Lite	Max
牛奶 Cow's milk	●	●
煮牛奶 Cow's milk, boiled	●	●
乳清蛋白 * α-Lactalbumin (Bos d 4)*	●	●
酪蛋白 * Casein (Bos d 8)*	●	●
芝士 (奶酪) Cheddar cheese	●	●



蛋類
Egg

項目 Item	Lite	Max
全蛋 Egg (whole)	●	●
雞蛋白 Chicken Egg white	●	●
雞蛋黃 Chicken Egg yolk	●	●
卵黏蛋白 * Ovomucoid (Gal d 1)*	●	●
卵清蛋白 * Ovalbumin (Gal d 2)*	●	●



堅果類
Nuts

項目 Item	Lite	Max
杏仁 Almond	●	●
巴西果仁 Brazil nut	●	●
腰果 Cashew nut	●	●
榛子 Hazelnut	●	●
夏威夷果仁 Macadamia nut	●	●
豌豆 Pea	●	●
花生 Peanut	●	●
松子 Pine nut, pignoles	●	●
開心果 Pistachio	●	●
紅腰豆 Red kidney bean	●	●
大豆 Soybean	●	●
葵花籽 Sunflower seed	●	●
栗子 Sweet chestnut	●	●
核桃 Walnut	●	●
白腰豆 White bean	●	●



肉類
Meats

項目 Item	Lite	Max
牛肉 Beef	●	●
雞肉 Chicken	●	●
豬肉 Pork	●	●



水果類
Fruits

項目 Item	Lite	Max
蘋果 Apple	●	●
牛油果 Avocado	●	●
香蕉 Banana	●	●
櫻桃 Cherry	●	●
柑橘類 Citrus (orange)	●	●
椰子 Coconut	●	●
葡萄 Grape	●	●
西柚 Grapefruit	●	●
奇異果 (獼猴桃) Kiwi	●	●
檸檬 Lemon	●	●
芒果 Mango	●	●
甜瓜 Melon	●	●
蜜桃 Peach	●	●
梨 Pear	●	●
柿子 Persimmon	●	●
西瓜 Watermelon	●	●



穀物類
Grains

項目 Item	Lite	Max
大麥 Barley	●	●
蕎麥 Buckwheat	●	●
燕麥 Cultivated oat	●	●
麩質 * Gluten*	●	●
粟米 (玉米) Maize / Corn	●	●
大米 Rice	●	●
黑麥 Rye	●	●
小麥麵粉 Wheat	●	●
麵包酵母 Yeast	●	●

Pro Lite 108 項 ITEMS



蔬菜類
Vegetables

項目 Item	Lite	Max
西蘭花 Broccoli	●	●
椰菜 Cabbage	●	●
紅蘿蔔 (胡蘿蔔) Carrot	●	●
西芹 (芹菜) Celery	●	●
青瓜 (黃瓜) Cucumber	●	●
大蒜 Garlic	●	●
蘑菇 Mushroom	●	●
洋蔥 Onion	●	●
薯仔 (土豆) Potato	●	●
蕃茄 (西紅柿) Tomato	●	●



魚類及
其他海鮮
Fishes &
Seafood

項目 Item	Lite	Max
鰵魚 Anchovy	●	●
鱈魚 Codfish	●	●
鯖魚 Mackerel	●	●
三文魚 (鮭魚) Salmon (Atlantic)	●	●
鱒魚 Trout, Rainbow trout	●	●
吞拿魚 (金槍魚) Tuna/Yellow fin	●	●
章魚 Octopus	●	●
太平洋魷魚 Pacific squid	●	●
魷魚 Squid	●	●
蟹 Crab	●	●
龍蝦 Lobster	●	●
蝦 Shrimp	●	●
藍青口 (貽貝) Blue mussel	●	●
蜆 (蛤蜊) Clam	●	●
蠔 Oyster	●	●
帶子 (扇貝) Scallop	●	●

Pro Max 161 項 ITEMS



環境類
Environmental

項目 Item	Lite	Max
粗足粉蟎 <i>Acarus siro</i>	●	●
粉塵蟎 <i>Dermatophagoides farinae</i>	●	●
屋塵蟎 <i>Dermatophagoides pteronyssinus</i>	●	●
倉庫蟎 <i>Lepidoglyphus destructor</i>	●	●
腐食酪蟎 <i>Tyrophagus putrescentiae</i>	●	●
家居塵埃 House dust	●	●
鏈隔孢菌 <i>Alternaria alternata</i>	●	●
曲霉菌 <i>Aspergillus fumigatus</i>	●	●
白色念珠菌 <i>Candida albicans</i>	●	●
枝孢菌 <i>Cladosporium herbarum</i>	●	●
馬拉色菌 <i>Malassezia spp.</i>	●	●
絮狀毛黴菌 <i>Mucor racemosus</i>	●	●
青黴菌 <i>Penicillium chrysogenum</i>	●	●
黑根黴菌 <i>Rhizopus nigricans</i>	●	●
紅色毛癭菌 <i>Trichophyton rubrum</i>	●	●



動物類
Animals

項目 Item	Lite	Max
貓皮屑 Cat dander	●	●
雞羽毛 Chicken feathers	●	●
狗皮屑 Dog dander	●	●
天竺鼠 / 豚鼠毛 Guinea pig	●	●
崙鼠毛 / 倉鼠毛 Hamster	●	●
馬皮屑 Horse dander	●	●
兔毛 Rabbit	●	●
鼠表皮 Rat epithelium	●	●
綿羊 / 羊毛 Sheep	●	●



植物及花粉類
Plants & Pollens

項目 Item	Lite	Max
相思樹 Acacia	●	●
檉木樹 Alder	●	●
美國山毛櫸 American beech	●	●
白蠟樹 Ash	●	●
狗牙根 Bermuda grass	●	●
樺樹 Birch	●	●
箱長老樹 Box-elder Pollen	●	●
蒼耳 Cocklebur	●	●
鴨茅 Cocksfoot	●	●
反枝苋 Common pigweed	●	●
豚草 Common ragweed	●	●
蘆葦 Common reed	●	●
白楊樹 Cottonwood Pollen	●	●
黑麥花粉 Cultivated rye	●	●
柏樹 (檜木) Cypress (Hinoki)	●	●
蒲公英 Dandelion	●	●
榆樹 Elm	●	●
車前草 English plantain	●	●
假豚草 False Ragweed	●	●
秋麒麟草 Goldenrod	●	●
榛樹 Hazel	●	●
日本雪松樹 Japanese cedar	●	●
葎草 Japanese Hop	●	●
藜 Lamb's quarter	●	●
大槭樹 London plane Pollen	●	●
法蘭西菊 Marguerite/Ox-eye daisy	●	●
肯塔基藍草 Meadow grass, Kentucky blue	●	●
腺牧豆樹 Mesquite	●	●
艾蒿花粉 Mugwort	●	●
桑樹 Mulberry	●	●
蕁麻 Nettle	●	●
橡樹 Oak white	●	●
橄欖樹 Olive	●	●
小糠草 Redtop, Bentgrass	●	●
粗莖藜 Rough marshelder	●	●
俄國菊 Saltwort (prickly)/ Russian thistle	●	●
酸模 Sheep sorrel	●	●
春茅 Sweet vernal grass	●	●
梯牧草 Timothy grass	●	●
絨毛草 Velvet grass	●	●
胡桃花粉 Walnut Pollen	●	●
西部豚草 Western ragweed	●	●
白松樹 White pine	●	●
柳樹 Willow	●	●
苦艾 Wormwood	●	●



昆蟲類
Insects

項目 Item	Lite	Max
德國蟑螂 Cockroach, German	●	●
美洲蟑螂 Cockroach, American	●	●
黃蜂毒液 Common wasp (Yellow jacket)	●	●
火蟻 Fire ant	●	●
蜜蜂毒液 Honey bee	●	●
蚊 Mosquito	●	●
蠶 Silk worm	●	●

其他
Miscellaneous

項目 Item	Lite	Max
可可 Cacao	●	●
芥末 Mustard	●	●
芝麻 Sesame seed	●	●
乳膠 Latex	●	●
交叉反應性碳水化合物決 定因子 CCD^	●	●
總免疫球蛋白 E Total IgE	●	●

*Component Allergens 分子致敏原

^Cross-reactive Carbohydrate Determinants
交叉反應性碳水化合物決定因子

係時候精準找出過敏源頭！
It's time to pinpoint your allergy triggers!



覆蓋全面致敏原

Comprehensive Allergens Coverage

立即預約
Booking Now



吸入性過敏

Inhalant allergies

塵蟎、霉菌、花粉、蟑螂
貓狗皮屑、空氣污染物

Dust mites, molds, pollens,
cat/dog dander, cockroach,
air pollutants



食物過敏

Food allergies

牛奶、雞蛋、花生、海鮮
堅果、小麥、大豆、芝麻

Milk, egg, peanut, seafood,
tree nuts, wheat,
soy, sesame



其他

Other allergies

可可、乳膠 等
Cacao, latex, and more

注意事項 Disclaimer
此測試可作參考，並不適用於診斷或 / 及治療之用。
The test is for reference only, and is not suitable for diagnostic and/or treatment use.



為什麼選擇 IgE Pro Max 過敏測試 ?

Why choose the IgE Pro Max Allergy Test?



161 項全面分析

161 items comprehensive analysis
覆蓋亞洲常見致敏原
Covers commonly allergens seen in Asia



4 工作日極速報告

4 business days express report
專業醫療人員詳細解讀，清晰了解風險與建議
Clear, actionable explanations by healthcare professionals to help understand risks and next steps.



本地化驗 專業可靠

Local laboratory you can trust
專業醫務化驗團隊，信心保證
Professional lab team. Reliable and trustworthy.



全家適用

Suitable for the whole family
2 歲或以上兒童及成人皆可檢測，照顧全家健康需要
Testing available for adults and children aged 2+.



您的 致敏原檢測首選

Your first choice
for allergen testing



報告你會得到什麼？

What will you get from the test?



您的 IgE 抗體對致敏原反應

Your allergen specific IgE response



生活與飲食過敏建議

Lifestyle and dietary avoidance recommendations

總免疫球蛋白 E:	1036.45	IU/mL
致敏原	IU/mL	RAST Class
環境原		
組足粉蟎	0.29	0
粉塵蟎	12.17	3
屋塵蟎	26.69	4
倉庫蟎	0.00	0
腐食酪蟎	0.00	0
家庭塵埃	2.77	2
罐頭孢子	0.12	0
曲霉菌	0.00	0
白色念珠菌	0.00	0
枝孢菌	0.00	0
馬拉色菌	0.02	0
紫狀毛菌	0.00	0
青霉菌	0.60	1
黑根霉菌	0.06	0
紅色毛霉菌	0.07	0

簡單 3 步驟，擺脫過敏困擾！

Ready to Beat Allergies? 3 Simple Steps!

1



網上 / Whatsapp / 打俾我哋專人預約
Online / WhatsApp / Call our specialist for arrangement

2



前往檢測中心採樣 (血液)
小朋友可用指尖血
Visit our testing center for a blood sample
Fingertip sampling for children

3



4 個工作天電郵報告 +
專業報告講解
4 business days report with professional consultation

NEW!

新登場!

升級
Upgraded

ALLERGY TEST

IgE

PRO MAX

過敏測試



Food and environmental allergens



161 項

常見食物及 環境致敏原



專業報告講解
Professional report explanation



助您找出致敏成因
Helps identify your allergy triggers

適合人士: ☒ 濕疹 ☒ 鼻敏感 ☒ 哮喘 ☒ 急性蕁麻疹等
Suitable for: Eczema, allergic rhinitis, asthma and hives